

Our Lady of La Vang

Specialist educational facility for students with intellectual disability

11 Malcolm Street

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Nut Free Policy

The following foods contain nuts and cannot be brought to school:

- Peanut butter and nut pastes
- Crushed nuts in sauces
- Marzipan – a paste of ground almonds and sugar
- Health food confectionery bars with nuts
- Butternut Crunch biscuits or biscuits containing nuts
- Confectionery containing nuts, e.g. fruit and nut chocolate
- Nutella
- Desserts containing nuts
- Mixed nuts
- Asian foods containing nuts
- Muesli and fruited breakfast cereals. Ingredients need to be checked on all breakfast cereals.

Please note: If a child has peanut/nuts prior to coming to school please assist by washing their hands before leaving home.

Staff need to consider the following before purchasing any products and organising excursions:

- Food additive 322 – Lecithins – may contain peanut soy
- Prometrium, a progesterone cream derived from peanuts
- Shampoos, shaving cream, health care products may contain peanut and almond oil
- Animal and bird feeds. This requires attention when visiting farms, wildlife parks or feeding a pet bird at home.
- Some brands of sunscreen lotion, lipsticks and foundations
- Cosmetics containing Loramine Wax and Peanutamide (alterative names for peanut)